Rock Cakes

c/o Marissa Rothkopf Bates

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Yield: 10 3-inch rock cakes

What You'll Need:

1 3/4 cup (200 grams) all-purpose flour

1 tablespoon baking powder

1/2 teaspoon salt

4 ounces cold butter (100 grams), cut into about 16 pieces

1/2 cup (85 grams) light brown sugar, packed

1 teaspoon vanilla

1 teaspoon orange zest (optional)

1 large egg, beaten

2 tablespoons milk

3/4 cup (100 grams) raisins

Sugar, such as a crunchy turbinado, for sprinkling on top

What You'll Do:

Directions for making them in a food processor:

- 1. Heat the oven to 350°F/180°C. Line a baking sheet with parchment paper.
- 2. In a food processor, with the blade in place, pulse the flour, baking powder and salt 3 to 4 times to mix.
- 3. Add the butter and pulse until the mixture resembles wet sand.
- 4. Add the brown sugar, vanilla, zest, egg and milk and pulse until just combined. The mixture will be quite thick.
- 5. Dump the batter into a medium bowl, add the raisins and lightly mix.

- 6. Plop 10 spoonfuls of batter onto the baking sheet. Resist the urge to roll these into smooth balls. You want them to have a sort of rough, stucco appearance. You know, like a rock. Sprinkle each with about 1/2 teaspoon crunchy sugar.
- 7. Bake for 25 to 30 minutes until just firm and light golden.
- 8. Let cool. Pick all the burnt raisins off and send them to my husband.

Directions for making them by hand:

- 1. Heat the oven to 350°F/180°C. Line a baking sheet with parchment paper.
- 2. In a large bowl, whisk together the flour, baking powder and salt.
- 3. Rub the butter into the flour mixture until it resembles wet sand. You want the butter in teeny, flour-covered bits to ensure a delicate crumb.
- 4. Stir in the brown sugar, vanilla, zest, egg, milk and raisins until a heavy, wet batter forms.
- 5. Plop 10 spoonfuls of batter onto the baking sheet. Resist the urge to roll these into smooth balls. You want them to have a sort of rough, stucco appearance. You know, like a rock. Sprinkle each with about 1/2 teaspoon crunchy sugar.
- 6. Bake for 25 to 30 minutes until just firm and light golden.
- 7. Let cool.